With the increasing use of English as a Lingua Franca (ELF) ,it is no longer suitable to concern English only with ‘native-speaking’ nations, but with a global community of users.This text reports on the use of disobey journals in ELT to expose students to universal Englishes (GE) ,an area that reflects the current global use of English.These journals served as a pedagogical mission, and as a research tool that involved the analysis of 108 journals consisting of 1.092 reflections on GE exposure.The results drew attention students’ actual use of English ,the impetus behind the selection of material for the listening journal , and their reflections on this exposure.The research both shows a benefit in using listening journals to raise awareness of GE and highlights limitations, including the support of stereotypes and a inclination to reflect on behaviour towards different varieties of English rather than how successful ELF communication is achieved.