DIABETES

Diabetes occurs with ineffectiveness or inadequate of insulin which is produced by the pancreas. If in our blood there is no insulin, the sugar which we take from nutritions and other food stuffs, can not reach cells. So, when these cells are sugarless, the sugar in the blood increases above normal levels. Increaing of glucouse in blood destroys all cells of our body. I will mention about this disease’s symptoms, who has the highest probability of having this diseases and its treatments.

Diabets is a insidious disease until it is recognized. In reality, it has some clear symptoms but nobody pays attention to these such as drinking too much water, eating too much, urinating very often and waking up for this at nights, drying of skin, continual fatigue and tiredness, slowly healing of wounds. So you should not ignore these symptoms if you have because they can be the first step of diabetes.

This disease especially occurs at that person who has diabets in his family. Then over-weighted people are the most significant person who are under duressof catching this disease.Also who quickly eats meal and feel hungry is another having risk. Hypertension must mot be ignore. These people have a higher probability of catching diabetes.

Certainly this disease has some treatments but they are inadequate. For instance, surgical operation has achieve success a solution to diabetes only in Japan. So, this treatment is not common. Another treatment method is insulin. It is a kind of injection which is made from cattle. This insulin is not so cheap for obtaining and a person who does not have health coverage comes across with some difficulties for using insulin.

As a result, when we look around diabetes will not be disappear. Because nowadays most people have these symptoms and I think they will not be aware of and so this disease will not leave our society. We must be our own doctor and be more aware of against diseases. It should not be forgotten that early diagnosis saves lives.